

List of medications that need to be stopped 7 days prior to allergy skin testing:

During your visit, allergy skin tests may be applied to help determine your suspected allergy (food allergy, insect allergy, or environmental allergies). This type of test is quickly performed and is very well tolerated by even small children. However, in order to be able to perform a skin test, you must stop your antihistamines, as well as a few other medications, at least 7 days prior to your appointment.

These medications include:

<p><u>STOP 7 DAYS PRIOR!</u></p> <p><u>Antihistamines:</u></p> <ul style="list-style-type: none"> • Blexten (Bilastine) • Brompheniramine (Actifed, Atrohist, Dimetapp, Drixoral) • Cetirizine (Zyrtec, Zyrtec D) • Chlorpheniramine (Chlortrimeton, Deconamine, Kronofed A, Novafed A, Rynatan) • Clemastine (Tavist, Antihist) • Cyproheptadine (Periactin) • Desloratadine (Clarinx) • Dexchlorpheniramine (Polaramine) • Diphenhydramine (Allernix, Benadryl, Nytol) • Doxepin (Sinequan) • Doxylamine (Benadryl, Nyquil) • Fexofenadine (Allegra, Allegra D) • Hydroxyzine (Atarax, Marax, Vistaril) • Levocetirizine (Xyzal) • Loratadine (Alavert, Claritin, Claritin D) • Promethazine (Phenergan) <p>Note: Antihistamines are also found in many over the counter medications, including <u>Tylenol Allergy, Actifed Cold & Allergy, Alka-Seltzer Plus Cold with Cough Formula, and many others.</u> Make sure you read and check the ingredients carefully and stop those containing antihistamines 7 days prior to the appointment.</p>	<p><u>STOP 7 DAYS PRIOR!</u></p> <p><u>Nose Sprays and Eye Drops:</u></p> <ul style="list-style-type: none"> • Azelastine (Asteline, Astepro, Optivar) • Ketotifen (Zaditor) • Olapatadine (Pataday, Patanase) • Dymista (Flonase & Patanase combination spray) <p>• Note: There is no need to stop Flonase, Nasonex, Nasacort, Omnaris, Rhinocort, Zetonna, Qnasl or Veramyst as these medications will not affect the skin test.</p> <hr/> <p><u>STOP 7 DAYS PRIOR!</u></p> <p>If you feel that you will not be able to stop these medications for 7 days prior to your testing, please call our office to discuss your options. Proton Pump Inhibitors (PPI's)</p> <ul style="list-style-type: none"> • Axid (Nizatidine) • Cimetidine (Tagamet) • Dexlansoprazole (Kapidex) • Esomeprazole (Nexium) • Famotidine (Pepcid) • Lansoprazole (Prevacid) • Omeprazole (Prilosec, Zegrid) • Protonix (Pantoprazole) • Rabeprazole (Aciphex) • Ranitidine (Zantac)
<p><u>STOP 7 DAYS PRIOR!</u></p> <p>Benzodiazepines & Atypical Antidepressants/ Sedatives (May interfere with Skin Prick Testing)</p> <ul style="list-style-type: none"> • Alprazolam (Xanax) • Bupropion (Wellbutrin) • Clonazepam (Klonopin) • Diazepam (Valium) • Lorazepam (Ativan) • Mirtazapine (Remeron) • Nefazodone (Serzone) • Venlafaxine (Effexor) 	<p><u>STOP 7 DAYS PRIOR!</u></p> <p>Tricyclic Antidepressants</p> <p>Generic/Brand Name</p> <ul style="list-style-type: none"> • Amitriptyline (Elavil, Endep, Etrafon, Limbitrol, Vanatrip) • Amoxampine (Asendin) • Clomipramine (Anaframil) • Desipramine (Norpramin) • Doxepin (Adapin, Sinequan, Zonalon) • Imipramine (Tofranil) • Nortriptyline (Aventyl Hydrochloride, Pamelor) • Protriptyline (Vivactil) <p>Trimipramine (Surmontil)</p>

DO NOT STOP!

SSRI's and SNRI's

(Unlikely to interfere with Skin Prick Testing) (SSRI's) Generic/Brand Name

- Citalopram (Celexa)
- Escitalopram (Lexapro)
- Fluoxetine (Prozac & Prozac Weekly)
- Olanzapine & Fluoxetine (Symbyax)
- Paroxetine (Paxil, Paxil CR & Pexeva)

Sertraline (Zoloft)

Serotonin Norepinephrine Reuptake Inhibitors (SNRI's)

Generic/Brand Name

- Desvenlafaxine (Pristiq)
- Duloxetine (Cymbalta)
- Milnacipran (Ixen, Savella)
- Venlafaxine (Effexor XR)

DO NOT STOP YOUR ASTHMA MEDICATIONS!!

This would include:

- **Inhalers** such as Advair, Asmanex, Azmacort, Flovent, Pulmicort, Symbicort & QVAR
- **Pills** such as Singulair (Monteleukast), Zyflo, Theophylline or steroids such as Medrol or Prednisone

Other medications okay to continue:

- Duloxetine (Cymbalta) **if you cannot stop for 7 days*
- Teva Cyclosporin (eye drops)
- CBD Oil
- Blood Pressure pills

Remember, if in doubt, please call our office to discuss any medications you may be taking prior to your appointment.

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